



## TUESDAY, 5/5/2026 TOOLBOX TALK: **FALL PROTECTION**

**Falls are the leading cause of fatalities in construction and many occur from heights of 6 feet or less.** A single misstep can lead to serious injury or worse. Proper planning, equipment, and awareness can prevent these incidents and keep everyone safe on the job.

### **COMMON HAZARDS TO WATCH FOR**

- Unprotected edges, roofs, and leading edges
- Floor openings, holes, and skylights
- Ladders and elevated work areas
- Changing jobsite conditions and surfaces

### **ACTION STEPS**

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- **Plan ahead:** Identify fall hazards before work begins
- **Use protection first:** Install guardrails or covers whenever possible
- **Tie off properly:** Use approved anchorage points (rated 5,000 lbs.)
- **Stay connected:** Maintain 100% tie-off when working at height
- **Inspect gear:** Check harnesses, lanyards, and connectors daily
- **Keep areas clear:** Remove debris, cords, and trip hazards
- **Be ready:** Always have a rescue plan in place

#### **IF A FALL RISK IS IDENTIFIED:**

Stop work immediately, notify supervision, and correct the hazard before continuing. Never take shortcuts when working at height.

**Fall protection saves lives. Plan your work, use the right equipment, and look out for one another.**