



## CONSTRUCTION SAFETY WEEK



### TUESDAY, 5/6/2025 TOOLBOX TALK: **LADDERS**

Ladders are involved in about 20,000 workplace injuries every year. While they're quick and convenient, they're not always the safest choice. The idea behind a "Ladders Last" approach is simple: use safer alternatives whenever possible.

#### WHY IT MATTERS

Falls from ladders can cause serious injuries. Choosing other methods—like platforms, scaffolds, or lifts—gives workers a more stable surface and helps reduce risk while improving productivity.

#### THINK LADDERS LAST – HERE'S HOW:

**1. Evaluate the Task:**

Can the work be done with a platform or other equipment instead of a ladder?

**2. If You Must Use a Ladder:**

Set it at a 75° angle. Use the right type, height, and weight rating.

**3. Inspect Before Use:**

Check for cracks, damage, or wear. Never use a faulty ladder.

**4. Train and Stay Sharp:**

Only trained workers should use ladders—and always follow best practices.

#### **ACTION STEPS**

- Think twice before reaching for a ladder
- Choose safer alternatives when possible
- Inspect ladders regularly
- Use only the right ladder for the job

**Work smarter. Stay grounded.  
Think Ladders Last.**